WHAT TO KNOW ABOUT

Unpaid Caregivers in Michigan

- **1 in 5 adults** in Michigan are caregivers, providing essential care to family members or friends with disabilities or health challenges but are **not compensated** for their care work.
- 23% of caregivers provide care for 40 hours or more per week. Among these caregivers, 57% are not in paid employment, highlighting the economic barriers faced by those providing unpaid care to family members and loved ones.
- **57% of caregivers are women**. 51% of caregivers have been providing care for more than 2 years.
- **13%** of those who aren't caregivers **expect to become caregivers** in the next 2 years.

Nearly 1 in 3 (33%) of caregivers are caring for their parent or parent-in-law, 17% are caring for their spouse or live-in partner, and nearly 1 in 4 (23)% are caring for other relative(s).

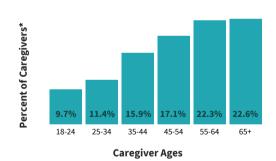
Parent or Parent-in-Law, 32.5%

Other Relative, 23.3%

Spouse or Live-in Partner, 17.1%

Child, 10.6%

Michigan's older adult population (60 years and older) is expected to **grow rapidly** in the coming decades This could potentially impact caregiver demographics in the future. Currently, **45% of Michigan's caregivers are 55 years or older**.



*The percentages do not sum to 100% due to 0.9% of respondents indicating "don't know," refusing to answer, or having missing data.

- **33% of caregivers have a disability** themselves, adding to the challenges they may face in providing care while managing their own health needs.
- In Michigan, an estimated 212,400 direct care job openings will need to be filled by 2032, yet they remain vastly underpaid. Currently, 6,287 older adults and adults with physical disabilities are on waiting lists for home and community-based services. About 76% of people lack paid family leave through their jobs in Michigan. These factors highlight the need for support for Michigan's caregivers.

To learn more about what's needed for an equitable care infrastructure for all of Michigan's families see the Care Can't Wait <u>Michigan Care Voter Guide</u>.

